INNOVATION AND DEDICATION: THE ROMANIAN LYNCH SYNDROME SOCIETY’S PATH TO EXCELLENCE IN ONCOGENETICS

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you“
~ Matthew 7:7

In the shadows of the Carpathians, a new dawn in Romanian medicine is emerging through the sustained efforts of the Lynch Syndrome Romanian Society. The medical landscape is transforming, changing the outlook in the face of a condition deeply rooted in our genetics - Lynch syndrome. This professional medical society dedicates its resources and expertise to optimizing the management of this complex condition, with a particular focus on diagnostic, screening, and therapeutic aspects.

In clinics and hospitals, doctors often face difficult cases, but when it comes to patients with Lynch syndrome, the complexity of the situation is amplified. This syndrome is not just about a form of cancers, but a constellation of predispositions to several malignancies. And it is not about a patient, it is about a family. It is the most common hereditary susceptibility to various forms of cancer, and its impact it is not limited to malignancies; it extends to emotional and social aspects that are determinants for quality of life, adhesion to screening programs those diagnosed and familial decisions. Here, the Romanian Lynch Syndrome Society intervenes with a well-thought-out plan, hoping to align medical practice in Romania with Western standards.

Accurate and early diagnosis is the cornerstone of efficient management of Lynch syndrome. It is not just an opportunity for medical intervention but a defining moment for patients and their families, bringing light to the darkness of uncertainty. By facilitating access to advanced genetic and molecular testing, the Society aims to pave the way to a deeper understanding and a more effective approach to the disease.

But diagnosis is just the beginning. Once Lynch syndrome patients are identified, the need for a personalized screening and therapy plan is imperative. In this context, the Society discusses the standardization of immunohistochemical testing of DNA repair deficiencies - a milestone in identifying patients who can benefit from targeted therapeutic strategies. The effort does not stop here. The Society promotes the organization of multidisciplinary teams to create a veritable ‘Lynch board’, a discussion and decision platform designed to outline the most effective patient management strategies.

Continuing medical education is another pillar on which the SRSL builds its vision. Through symposiums and workshops, it ensures that the latest research and innovations are not just discussed but also applied in clinical practice. This effort is essential to keep physicians up to date with the fast pace of international scientific progress.

Perhaps the Society's most ambitious goal is the creation of the National Lynch Syndrome Registry, which would be synchronized with the National Cancer Registry.
Through this initiative, not only will case monitoring and reporting improve, but it will also facilitate research, allowing an approach based on concrete data.

Finally, in the long term, the Society aims to establish a National Oncogenetics Network, dreaming of a structure in which the exchange of expertise and clinically validated protocols is the order of the day. This project is not just about improving medical management but about creating a community of practitioners who collaborate for the common good.

Lynch syndrome is not a sentence but a medical challenge awaiting answers. The SRSL not only tries to bring these answers but wants to innovate in the way Romania faces and treats genetic diseases. It is a long and not obstacle-free path, but the Lynch Syndrome Romanian Society stands testament that through innovation, dedication, and collaboration, even the highest standards can be achieved. Thus, we can look forward to the future with hope, one in which the genetic health of Romanians is not only protected but also improved through the endeavor and professionalism of those who serve this cause.

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