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DISGUISED DEFIANCE: THE HIDDEN FEMINIST VOICES OF VICTORIAN LITERATURE

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ABSTRACT:
THIS PAPER EXPLORES THE INFLUENTIAL ROLE OF FEMALE AUTHORS DURING THE VICTORIAN ERA AND THEIR USE OF PEN NAMES AS A SUBVERSIVE TACTIC TO CONTRIBUTE TO FEMINIST DISCOURSE. IT EXAMINES HOW THESE AUTHORS, CONSTRAINED BY THE GENDER NORMS OF THEIR TIME, CIRCUMVENTED SOCIETAL BARRIERS BY ADOPTING MALE PSEUDONYMS TO PUBLISH THEIR WORKS. THROUGH A CRITICAL ANALYSIS OF TEXTS BY AUTHORS SUCH AS JANE AUSTEN, THE BRONTË SISTERS, AND GEORGE ELIOT, THE STUDY HIGHLIGHTS THE EMERGENCE OF THE ‘NEW WOMAN’ IN LITERATURE—A CHARACTER THAT DEFIED THE TRADITIONAL PASSIVE FEMALE ARCHETYPE BY EXHIBITING SELF-RELIANCE AND INTELLECTUAL AGENCY. BY WEAVING LITERARY CRITICISM WITH HISTORICAL CONTEXT, THE PAPER DELINEATES THE SYMBIOTIC RELATIONSHIP BETWEEN VICTORIAN LITERATURE AND FEMINISM’S PROGRESSIVE PUSH, ULTIMATELY REVEALING HOW THESE WRITINGS HELPED TO REFRAME WOMEN’S ROLES AND ADVANCE THE FEMINIST MOVEMENT.

KEY WORDS: FEMALE PSEUDONYMS, FEMINIST LITERATURE, GENDER ROLES, LITERARY CRITICISM, NEW WOMAN, VICTORIAN ERA.

1. INTRODUCTION
Many factors have contributed to the proliferation and success of feminist thought. With the emergence of feminism in the Victorian period, a transformative wave washed over societal ideologies, heavily influenced by the then literary works. During this period, women, frequently silenced when attempting to share their perspectives, sought out various channels for articulating their thoughts, notably turning to literature as a significant avenue. Women’s profound contemplation on their inherent identity and role within the social hierarchy gained broader exposure via literary outlets.

Historically, the novel has acted as a harbinger of social change. Paliță [1] has highlighted the symbiotic relationship between societal progress and literary articulation, recognizing literature not simply as a mirror of reality but as a potent agent with the capacity to shift viewpoints and lay the groundwork for emerging cultural norms.

In the years leading up to Victorian feminism, literary works, primarily penned by male writers, frequently depicted women as epitomes of innocence and compliance—qualities that were highly esteemed in a respectable woman during the nineteenth century.

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Even though mostly and highly portrayed as naïve and subservient [2], the depiction of ‘strong’ women in the literature that predates the Victorian era is profusely evident, particularly in the works of William Shakespeare and his contemporaries, reflecting, according to Paliță [3] the complexities and contradictions of the time. Shakespeare’s women often navigated the boundaries of societal expectations, sometimes reinforcing and at other times challenging the gender roles of the Elizabethan era [4]. For instance, Ophelia in *Hamlet* embodies the archetype of female passivity and insanity, a tragic figure constrained by patriarchy [5]. Moreover, in *As You Like It*, Rosalind exhibits remarkable independence and wit, disguising herself as a man to explore the liberating potential of subverting her gender role [6]. Similarly, *The Merchant of Venice* features Portia, who, while initially bound by her father’s will, skillfully manipulates the legal system to save her husband’s friend—a testament to her intelligence and agency [7]. These figures present a tableau that illustrates the anticipated constraints and unforeseen potential of women, creating a backdrop for the revolutionary shift Victorian women writers would eventually introduce in the literary depiction of female characters, a change largely realized through artistic and fictional mediums [8].

Progressive Victorian women authors sought to raise awareness about the unspoken tribulations of women, crafting stories with strong female protagonists who challenged the conventional submissive female archetype. Their narratives established imaginative worlds where the worth of a woman was indisputably recognized, subtly influencing the collective mindset towards embracing the logic behind feminist principles. They attempted to, through their storytelling, “demonstrate woman’s proper sphere and remake woman’s image in the face of dominant ideology” [9].

Jane Austen, the Brontës, George Eliot, and Louisa May Alcott pioneered in creating independent, determined heroines who boldly fought for their identity, rights, and influence. At a time when women's writings were often suppressed, these female authors sidestepped societal restrictions by publishing under male pseudonyms or anonymously. This subversion of norms was revolutionary, enabling their call for change to echo with a wider audience, distinct from male writers who primarily sought profit and recognition.

**2. THE ARCHETYPE OF THE VICTORIAN WOMAN**

The ethos of the time dictated that a woman’s virtue lay in her antithesis to manliness, shunning qualities such as resolve, dominance, and aspiration. This dogma was fervently espoused by the institutions of both state and church. Women were indoctrinated to relinquish control of their external existence to the male authorities in their lives, encompassing father, spouse, and the divine, as the solitary virtuous route, ironically, to self-betterment—a selfhood they were scarcely permitted to explore or define [10]. Women who dared to place scholarly or intellectual pursuits before household duties were denigrated as “Fallen women.” The choices available to the quintessential Victorian woman were scant and invariably converged on domestic reliance. Yet, the term “Perfect woman” paled in comparison to the more perilous “True woman,” a label ubiquitously employed to denote a paragon of unblemished virtue, the guardian of morality within the domestic sphere.

Despite her role as the bastion of spiritual nourishment and the champion of a modest civilization, the Victorian woman was compelled to acknowledge her own fragility and to recognize the man as an infallible guardian against the dangers of the outside world. The paucity of educational opportunities and resources for Victorian women was so pronounced that self-education often emerged as the solitary beacon against the shadows of ignorance. Yet, the pursuit of knowledge and intellectual betterment was stymied by limited interaction
and exchange of ideas. Many women seeking intellectual camaraderie were met with indifference from their peers, who were either resigned to traditional roles or indifferent to pursuits beyond their familial obligations. Simultaneously, any intellectual harmony with men was thwarted by prevailing skepticism and societal barriers; cultural norms precluded meaningful dialogue, with stringent supervision over interactions between young ladies and gentlemen.

Authors such as Wollstonecraft and Jane Austen wielded their narratives to subtly dismantle the prevailing patriarchal discourse, amplifying female perspectives. In her acclaimed novel “Pride and Prejudice” (1813), Austen introduces Elizabeth Bennet, a protagonist who defies the period’s matrimonial conventions, showcasing her wit and independence in the face of male hubris.

The Victorian epoch also witnessed the burgeoning of the “Woman Question,” a term signifying the discourse on women’s societal roles that had been simmering since the 1400s, which came to a head towards the end of the 19th century. A proponent of addressing this question, Wollstonecraft’s ideas dovetailed with the evolving notions of “feminism” and later, the “New Woman” at the century’s close—a concept introduced by Sarah Grand in her 1894 essay “The New Aspect of the Woman Question.” As Liggins [11] notes, this “New Woman” rejected conventional female roles, placing a premium on personal autonomy and professional aspirations above traditional familial commitments.

In the literary domain, the “New Woman” was portrayed as educated, analytical, self-aware, and assertive. She was not merely a figurehead or a casualty of an oppressive patriarchal order. Through the artistic expressions of female authors of the era, the “New Woman” took shape, encapsulating the philosophies that would herald the triumph of feminist ideology within the literary sphere.

3. PEN NAMES AND THE FEMALE NARRATIVE IN VICTORIAN LITERATURE

The plight of female authors in the Victorian age was characterized by a lack of serious consideration and prevalent skepticism. Beyond their extensive household and familial duties [4], these women grappled with the artistic challenges of seeking inspiration. Further impediments arose in the publishing arena, where their works were often dismissed by the male-centric publishing industry. Consequently, many women writers resorted to male pseudonyms to ensure their work was published and read.

The Brontë sisters—Charlotte, Emily, and Anne—effectively utilized male nom de plumes, sharing the surname “Bell,” to publish their avant-garde narratives that ventured beyond the conventional female literary domain. Under the alias “Currer Bell,” Charlotte Brontë composed novels featuring heroines who symbolized the struggles of women ensnared within a male-dominated order. “Jane Eyre” [12] exemplified this, portraying a woman with a desire for adventure and a yearning for autonomy, challenging the expectation that women should forfeit their freedom for male-provided security.

Emily Brontë, writing as “Ellis Bell,” presented “Wuthering Heights,” a narrative that starkly juxtaposed two female characters. The fierce, untamed Catherine captivates readers as the polar opposite of the docile, amiable Isabella. Catherine’s rebellion against paternal and marital confines is seen as “resist[ing] the authority of a patriarchal institution and to surpass it to realize her own individual validation” [13].

Anne Brontë, the third of the Brontë sisters, assumed the pen name “Acton Bell” for her publication of “The Tenant of Wildfell Hall.” Though less acclaimed than her sisters, her novel was significant to feminist discourse, portraying a heroine who escapes an oppressive
marriage and finds solace with a gentle, empathetic man, thus casting the husband as a figure of dread rather than tolerance.

Mary Ann Evans, better recognized as George Eliot, adopted her pseudonym to liberate her creative expression. Eliot’s “Middlemarch” features a heroine, Helen, who flees an abusive marriage to provide a better upbringing for her son, confronting the traditional confines imposed on women. Despite Eliot’s own transcendence of these societal constraints through her writing, feminist critics have lamented that her female characters are often not afforded the same liberties [14]

The strategic use of male pseudonyms by pioneering female authors paved the way for the ‘New Woman’ to gain acceptance within literary circles. As the 19th century waned, more women began to assert their own identities in their work, championing the ‘New Woman’ and laying the groundwork for Modernist literature.

4. CONCLUSION

The Victorian era emerges as a pivotal period wherein the voices of women began to resonate with unprecedented clarity and strength, despite the constraints of a rigidly patriarchal society. The interplay between female authorship and the feminist movement of the time was not merely a concurrent occurrence but a deeply symbiotic relationship that propelled the redefinition of the woman’s role both within the literary domain and the broader societal context.

The female authors of this era faced a labyrinth of societal and institutional barriers. Yet, they navigated this maze with ingenuity and resilience, using male pseudonyms not as a shroud to hide their identity but as a strategic armor that allowed them to enter the literary battlefield on equal footing with their male counterparts. Their works did not merely reflect the realities and struggles of women but also acted as a clarion call for change—a testament to their lived experiences and a beacon for those who yearned for emancipation from the fetters of societal expectations.

The characters they created were not passive ornaments adorning the pages of their novels but dynamic agents of change, embodying the aspirations, intellect, and indomitable spirit of the ‘New Woman.’ These protagonists challenged the traditional narratives that sought to confine women to the domestic sphere, showcasing through their actions and choices the possibility of a life led on one’s own terms.

The legacy of these literary contributions is profound. Not only did they provide solace and inspiration to the women of their time, but they also laid the groundwork for future generations to build upon. They sparked conversations, fueled debates, and initiated a cultural shift that saw the gradual erosion of the barriers that had long hindered women’s progress.

As we reflect on the Victorian era from the vantage point of modernity, we recognize that the journey toward gender equality is ongoing. Yet, the foundations laid by these intrepid women authors remain a powerful reminder of the potency of the written word as a tool for social change. Their narratives, once suppressed and marginalized, now stand as monuments to their courage and foresight.
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